

Coaching Certificate

Program

The certificate in athletic coaching prepares students for entry level careers in the coaching profession. The curriculum is designed to begin meeting recognized national coaching education standards established by National Association of Sport and Physical Education (NASPE) and the National Council for Accreditation for Coaching Education (NCACE). Students will gain valuable practical experience in the fundamental skills and drills for selected sports, important scientific principles of sport performance, the theories and philosophies of coaching, and the essential strategies for successful team development. The practicum is culminating experience in this program. The students will apply their coaching skills under the supervision of a current professional.

This program offers a series of courses that is designed to prepare undergraduate or graduate students with training in:

- the philosophy and ethics of coaching
- safety and injury prevention
- physical, social and emotional growth and development
- strategies for teaching and communication
- basic knowledge of sport skill and tactics
- operation and management of a sport program
- assessment and evaluation skills.

Population Served

This certificate program serves the following populations: students interested in obtaining a coaching certificate, students in teaching certification programs planning to coach at the middle- and high-school level, licensed school teachers preparing for coaching positions, and students seeking to create a solid foundation for future coaching opportunities.

Benefit to Students

This certificate is designed to introduce students to the basic skills needed to enter the coaching profession. These skills are practical and are not typically included within other university coursework. Administrators and Coaches will benefit from this certificate by gaining knowledge and confidence in their ability to handle the many different aspects of coaching in a competent and professional manner. This certificate will also let potential employers know that the student has received specialized training in coaching and this will set the student apart from his/her peers.

Admission

Admission is open to degree-seeking and non-degree seeking students. Submission of a Coaching Program Application Form is required. When space is limited, admission priority will be given towards those working toward teaching certification. Students seeking admission to this program must have a current American Red Cross First Aid and

CPR certification. If the certificate is not current, or is due to expire within the next three months, the course must be retaken.

Curriculum

Students must complete 14 semester credits.

KIN 1101: Team Sports – Teach fundamental skills necessary to coach sport at the 7th – 9th grade level. Sports may include football, baseball, softball, soccer, volleyball, and basketball. One sport is taught per section. Student must take the fundamental sport concurrent with the coaching theory of the same sport. Student must complete **two** different sections of course.

KIN 4413: Coaching Athletics – Theory of coaching relevant to athletics. Emphasis is placed on organization and content involved in coaching sports. The sport content may vary in different semesters between baseball, basketball, football, soccer, softball track and field, and volleyball. Student must enroll in the section/sport that matches the KIN 1101 fundamental skills.

KIN 3113: Theory of Coaching – This course would discuss the principles and philosophies of coaching sport. Domains will remain consistent with that of the National Standards for Sport Coaches and will focus on philosophy and ethics, safety and injury prevention, physical conditioning, growth and development, teaching and communication, sport skills and tactics, organization and administration, and evaluation. (Appendix A)

KIN 4943: Practicum in Kinesiology – Supervised practicum with appropriate agency in the field of kinesiology. This course would allow the students to gain practical coaching experience at a local secondary school under the supervision of the head coach.

Proposed Sequence of courses

- KIN 3113
- KIN 4413 & KIN 1101 should be taken concurrently in the same sport. Students will need to take these two classes twice in two different sports.
- KIN 4943*

* all other coaching certificate courses should be completed prior to enrollment in the coaching practicum. A student must have a 2.5 GPA in the coaching curriculum in order to student coach. There will be a mandatory meeting of all students in the coaching practicum with the program coordinator. At this time, responsibilities and time commitment will be discussed. Each student is responsible for finding her/her practicum site.

Typical Course Rotation

Fall	Spring
KIN 4413: Football Coaching Theory	KIN 4413: Baseball/Softball Coaching Theory
KIN 1101 Football Skills	KIN 1101: Softball/Baseball Skills
KIN 4413: Volleyball Coaching Theory	KIN 4413: Track & Field Coaching Theory
KIN 1101: Volleyball Skills	KIN 1101: Track and Field Skills
	KIN 4413: Basketball Coaching Theory
	KIN 1101: Basketball Skills
KIN 3113: Theory of Coaching	KIN 3113: Theory of Coaching
KIN 4943: Practicum in Coaching	KIN 4943: Practicum in Coaching

Transfer of Courses

Courses with similar content taken at universities or colleges other than The University of Texas at San Antonio may be considered for credit. Each request will be individually determined. Approval must be obtained in writing from the program coordinator. Students should present an appropriate transcript, and evidence of course content (e.g., syllabi, course description, etc.)

KIN 3113: Theory of Coaching and KIN 4943: Practicum in Coaching must be completed at The University of Texas at San Antonio.

For more information

If you have questions about the coaching certificate, contact the program coordinator or visit the Department of Health and Kinesiology at <http://kah.utsa.edu/>