

## Guidelines for Undergraduate Kinesiology Degree Plan Substitutions

Department of Health and Kinesiology  
(Last revised June 30, 2008)

---

### I. Community College Courses

Any community college courses that have been previously approved by UTSA as fulfilling the requirements for a specific course should be approved. TCCN approvals are listed in the current UTSA undergraduate catalog.

### II. Substitutions for University Core Curriculum, Degree Core and Designated Electives

Transfer substitutions will be allowed for certain courses that are similar to the UTSA course. The student must provide sufficient evidence of the nature and requirements of the course previously taken prior to submitting the substitution form (e.g. a course syllabus, a letter from the instructor of the course at another institution that is addressed to the UTSA Advising Office, or a course description form a catalog).

### III. Substitution of Lower Division Course for Upper Division Courses

Accreditation standards prevent lower division courses from being substituted for upper division courses. No **1001** level courses may be used for electives and only 9 credit hours at the **2000** level may be used for electives.

### IV. Kinesiology Electives and Core Course Substitution

1. The following are designated electives for Physical Education Specialization: other courses may be considered on a case-by-case basis and the courses listed below may not be offered every semester:

- a. COM 1053: a similar COM or SPCH course with a public speaking component
- b. KIN 4423 Developmental/Adaptive Physical Activity: evidence of a field based or clinical experience component for consideration of substitution.
- c. All 1 hour courses, KIN 3001, 3011, 3021, 3031, 3041, 3051, 3061, 3071, and 3081 must be similar in course content and include an instructional requirement. A maximum of three (3) courses will be substituted.

2. The following core courses for Physical Education Specialization cannot be substituted for a transfer course of any other course taken at UTSA:
  - a. KIN 3413 Tactics
  - b. KIN 4343 Movement Awareness
  - c. KIN 4203 Teaching Secondary Physical Education
  - d. KIN 4303 Teaching Elementary Physical Education
  
3. The following are designated electives for Exercise Science Specialization; other courses may be considered on a case-by-case basis and the courses listed below may not be offered every semester:
  - a. COM 1053: a similar COM or SPCH course with a public speaking requirement
  - b. KIN 3051: similar course with instructional requirement
  - c. KIN 3071: similar course with instruction requirement
  - d. KIN 4023: students pursuing careers in human performance may take KIN 4123; student pursuing PT school may use PSY 2503.
  - e. 15 hours of electives: these are free electives and not designated; recommended courses may include BIO, AHS, CHEM, PHYS, MKT, MGT, ACCT, HTH, KIN, PSY
  
4. The following core courses for Exercise Science Specialization cannot be substituted for using a transfer course or any other course taken at UTSA:
  - a. KIN 3443 Graded Exercise Testing and Fitness Assessment
  - b. KIN 4233 Advanced Topics in Exercise Physiology
  - c. KIN 4253 Exercise Nutrition
  - d. KIN 4936 Internship
  - e. KIN 4943 Practicum
  - f. KIN 4983 Applied Exercise Science

V. Practical Experiences

Practicum and internships are designed to provide students with opportunities to gain professional experience and skills. Students will not receive academic credit for work experience. Students with substantial work experience in the discipline or with extenuating circumstances should meet with the area coordinator and/or department chair to discuss other options.